



Reykjavik, Iceland
August 26-27, 2023

Conference Schedule

Saturday, August 26

- 08:00 AM: Registration & Check in
08:30 AM: Medical Problems Small Group Discussions
09:30 AM: Practical Skills
- Patient Assessment
 - C-Spine Clearance & Moving Patients
 - Splinting & Dislocations
 - Litters, Carries, & Hypothermia Wraps
- 01:00 PM: Lunch**
2:00 PM: Wilderness Medicine Training Scenarios
05:00 PM: End of Day

Sunday, August 27

- 08:00 AM: Review of Online Content
08:30 AM: Infectious Disease Small Group Discussions
09:30 AM: Wilderness Medicine Kits
10:00 AM: Wilderness Medicine Training Scenarios
12:00 PM: Lunch
01:00 PM: Wilderness Medicine Testing Scenarios
05:00 PM: End of Day

Course Description

Learn the skills to prevent medical problems; reduce suffering and save lives in non-traditional medical settings

- Earn your Wilderness Life Support for the Medical Professional certification
- Learn the latest practical hands-on wilderness medicine skills for patient assessment, treatment and evacuation protocols
- Practice your skills in live scenarios with our expert instructors Obtain up to 24.5 hours of category 1 CME*
- Receive Wilderness Medical Society Fellowship credits



Course Objectives

- To provide a practical foundation in Wilderness Medicine for medical professionals
- To teach patient assessment and treatment guidelines for life support until definitive care or evacuation is available
- To train the provider in methods for managing medical and trauma emergencies and urgencies in the wilderness when evacuation is unavailable or unnecessary

Topics Include:

- Patient Assessment
- Trauma
- Medical problems
- Infectious disease
- Head, Ear, Eye, Nose, Throat, Skin
- Animal & insect Bites
- Musculoskeletal injuries
- Wound management Water treatment
- Hyperthermia, hypothermia & frostbite
- Medical kits
- Lightning
- HAPE/HACE
- Dive Medicine

Online Modules:

Completion of the online modules are a prerequisite for the in person portion of this class. Module access will be granted at most 90 days before the start of the course, or immediately if registration occurs within that time frame. If there are any questions or difficulty with the online portion of this course, please contact info@adventuremed.com.

Weather Considerations:

Please be aware portions of this course will be held in an outdoor setting. It is the responsibility of the student to ensure appropriate clothing to manage any type of inclement weather. Please know that the course will not stop due to weather concerns, prepare accordingly.



Continuing Education Credits

The Wilderness Medical Society designates this hybrid activity for a maximum of 24.5 *AMA PRA Category 1 Credits*. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

PHYSICIAN ASSISTANTS: The American Association of Physician Assistants accepts Category 1 CME approval from organizations accredited by the ACCME.

OTHER PROFESSIONALS: Check with your governing entity to determine usefulness of *AMA PRA Category 1 Credits*[™].

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Wilderness Medical Society and AdventureMed. The Wilderness Medical Society is accredited by the ACCME to provide continuing medical education for physicians.

None of the faculty/planners for this educational activity have relevant financial relationships to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

All education content presented in this activity has been reviewed and validated as appropriate in keeping with sound scientific principles.

YOU WILL RECEIVE YOUR CME CERTIFICATE FROM THE WILDERNESS MEDICAL SOCIETY VIA EMAIL APPROXIMATELY 4-6 WEEKS AFTER THE COMPLETION OF THE COURSE