

Hello from Van Texas,

I'm Dr. Glenn Barnes DNP, RN and will be your primary instructor for the upcoming course. I have been an RN for over 30 years and a tactical medic. I'm excited to welcome you to Crossed Arrows Training Site (CATS) and our unique approach to learning and earning the Wilderness Life Support for Medical Professionals (WLS:MP) Certification. Now for some housekeeping stuff.

You will receive a copy of the Textbook when you get here so don't worry about buying one. If you just must have a copy early, you can find them on Amazon for about 12-15 bucks (plus S&H).

Our course design is extremely informal. We function as the basecamp model and will do most if not all the course material outside. We will use open lecture/discussion with hi caliber simulation utilizing standardized patients and moulage. We believe in the value of shared experiences and what everyone brings to the table. Please dress appropriately for being outside. We will be outside. If the weather is completely crazy, we'll do lecture inside an insulated building but we will still go out into the elements for the practical exercises.

There will be access to a restroom and shower indoors so we will not be totally wild.

Please feel free to ask me any other questions you may have. We're here to learn and grow.

Hotel:

The closest motel is the Fairfield Inn by Marriott 3064 Interstate 20, Van, Texas 75790 Click [here](#) to be directed to their website.

Another hotel in Van is the Van inn. It scored 3.5/5 so not my first choice. But it is convenient. You can check them out [here](#)

Other motels can be found in nearby Lindale or Canton. They are both about 15 minutes away and you have more selections.

[Lindale:](#)

[Canton](#)

All three hotel locations have several places to eat. The training site is within 2 miles of several places for food including:

The Dinner Bell Diner: good breakfast, hubcap burgers are HUGE

Tele's Mexican Food

Farmhouse Restaurant (pretty much fried everything)

Fast food: Sonics, Taco Bell, Arby's, Subways, Dairy Queen, and for some of the best BBQ in the area, there is [Soulmans](#). I highly recommend at least one meal there!

The site is a 1.5-acre area behind my house at 265 Colorado Street in Van. Click [here](#) for a google map of the area. The number is on the mailbox, use the driveway along the right side of the house to the training area in back. Park along the fencing just be mindful of gates and Solar Panels.

All course participants are welcome to camp on the site if you like. We have several primitive areas for tents and a large fire pit. Again, you will have access to indoor toilet and shower.

Click [here](#) for directions from the Fairfield Inn Hotel to the training site.

I'll have coffee and Donuts in the morning...you're welcome.

My contact information is

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Glenn