



WILDERNESS LIFE SUPPORT: MEDICAL PROFESSIONALS

TAHOE CITY, CALIFORNIA

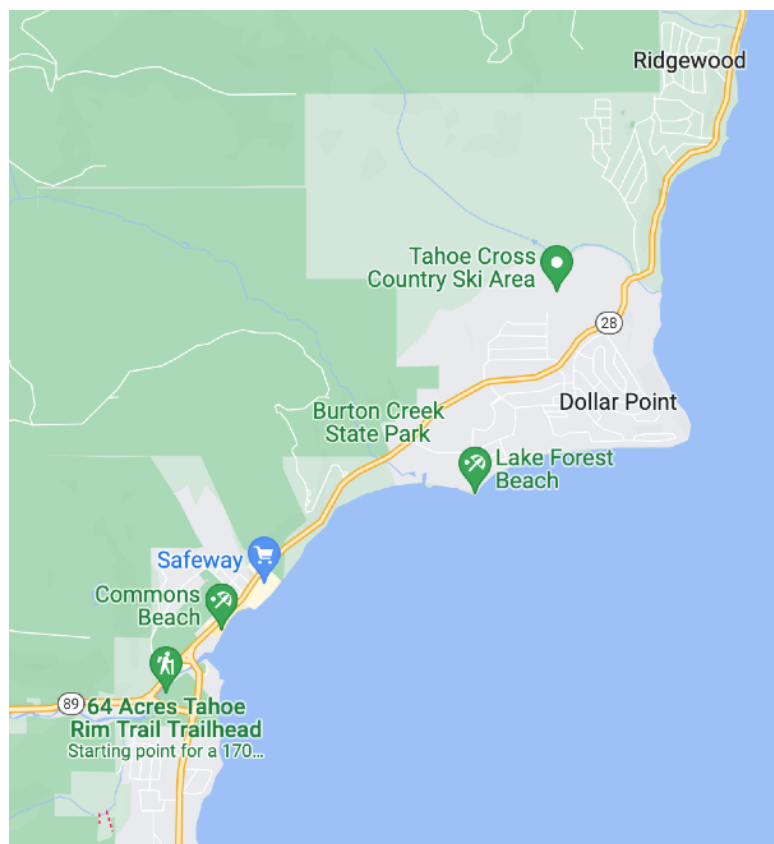
Thank you for enrolling in our upcoming Wilderness Life Support: Medical Professionals (WLS:MP) program. We are excited to have you join us in Tahoe City, CA. To help you prepare for your program, we have laid out the logistics below.

Location

This program takes place in Burton Creek State Park. This undeveloped park boasts amazing scenic vistas, and miles of hiking trails that tie into the Tahoe Rim Trail and the Fiberboard Freeway. This mountainous terrain explores the south facing slopes of the north shore of the Tahoe Basin.

The park has two entrances from Tahoe City. We will be meeting at the Tamarack Lodge entrance. The easiest way to find this entrance is to put Tamarack Lodge into your maps. Once you come off the highway, stay to the left of the Tamarack lodge and find parking in the dirt parking lot at the end of the road.

Tamarack Lodge Motel
2311 N Lake Blvd
Tahoe City, CA 96145



Sample Itinerary

The following itinerary is fluid and is subject to change for safety and weather/ environmental factors including wind, rain/snow, Air Quality Index, etc..

Day 1 Overview

10:00am	Meet at Burton Creek State Park
10:30am	Patient Assessment
12:00pm	Break for Lunch
12:30pm	Wound Management
1:30pm	Splinting/Dislocation
2:30pm	Spinal Injuries
3:45pm	Scenarios
5:00pm	End the Day

Day 2 Overview

9:00am	Meet at Burton Creek State Park
9:30am	Hypothermia
10:00am	Packaging
11:00am	Altitude
12:00pm	Break for Lunch
12:30pm	Animal Bites and Stings
2:00pm	Infectious Disease
2:45pm	Scenarios and Testing
4:00pm	End the Day

Hiking

We will be heading out on Rocky Ridge Road for skills and scenarios. Dirt service roads make up all trails in Burton Creek State Park and will lead the group through the park's meadow areas, the Burton Creek Natural Preserve and Antone Meadows Natural Preserve. Participants should expect to be hiking 3-5 miles each day during this program.

Program Description

- Learn the skills to prevent medical problems; reduce suffering and save lives in non-traditional medical settings.
- Earn your Wilderness Life Support: Medical Professionals certification
- Learn the latest practical hands-on wilderness medicine skills for patient assessment, treatment and evacuation protocols
- Practice your skills in live scenarios with our expert instructors
- Obtain up to 24.5 hours of category 1 CME*
- Receive Wilderness Medical Society Fellowship credits

Program Objectives

- To provide a practical foundation in Wilderness Medicine for medical professionals.
- To teach patient assessment and treatment guidelines for life support until definitive care or evacuation is available.
- To train the provider in methods for managing medical and trauma emergencies and urgencies in the wilderness when evacuation is unavailable or unnecessary.

Required Online Curriculum

The online curriculum content is provided by AdventureMed. You will receive access to the online modules and textbook a month prior to the program start date. All of the online content needs to be completed to receive your CME.



Continued Medical Education (CME)

You will receive your CME certificate from the Wilderness Medical Society via email approximately 4-6 weeks after the completion of the course.

The Wilderness Medical Society designates this hybrid activity for a maximum of 24.5 AMA PRA Category 1 Credits. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

Physician Assistants: The American Association of Physician Assistants accepts Category 1 CME approval from organizations accredited by the ACCME.

Other Professionals: Check with your governing entity to determine usefulness of AMA PRA Category 1 Credits™.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Wilderness Medical Society and AdventureMed. The Wilderness Medical Society is accredited by the ACCME to provide continuing medical education for physicians.

All WLS:MP faculty have signed disclosure statements that they have no relevant financial relationships with any course sponsors.

Trip Accommodations

There are many lodging choices in the Lake Tahoe Region from luxury Inns to camping. Tamarack Lodge is a great option as it is so close to the park (about a 4 minute walk) and is familiar with our programs.

Transportation

The nearest airport is roughly 45 minutes northeast in Reno, NV.

Please email info@backcountrymedicalguides.org if you are interested in sharing a room or transportation with other participants.

Food

Please plan to bring plenty of food and water for each day. Both days, we will be eating out on the trail. We recommend hearty lunches and lots of snacks.

Equipment

This program is rain or shine, so please be prepared for any precipitation, cold, or hot temperatures. Please contact BMG if you need to borrow or supplement any of the below equipment.

- Daypack (backpack)
- Pen/Pencil
- Sunglasses
- Sunscreen
- Hat
- Water bottle
- Snacks and lunch
- Warm/dry clothes for extended time outside
- Rain jacket
- Comfortable clothing for hands-on sessions on the ground
- Medications (if applicable)

The textbook is available as a digital download from the curriculum tab on the adventuremed.com website. You will be emailed a registration confirmation with the password to access the download. The printed and e-reader version of the textbook is also available for purchase from our publisher, Amazon.com, if you would like a copy of the text shipped to you in advance of the course.

Communication

Prior to the program, each participant will be asked to complete our participant profile and liability form.

After each program, BMG creates a photo sharing folder and invites every participant to complete a post-trip survey/evaluation. We welcome your feedback and hope that you will take the time to provide insight so that we can better serve you in the future.

Risk Management

All outdoor activities have an inherent amount of risk whether from trauma, medical conditions or the environment itself. Backcountry Medical Guides' classes prepare students to mitigate risk, respond to wilderness accidents and provide medical care. Risk is used as part of the training to prepare students for the hazards, stress, and physical danger inherent in outdoor activities and emergency response. The use of risk will be tailored to the level of training of the students and the type of class being conducted. Backcountry Medical Guides will minimize the risk to students by changing times and locations of lectures and skill stations and the types of scenarios conducted to match the environmental conditions, physical ability of students, and equipment available. While no outdoor environment is ever truly "safe," BMG instructors will minimize the hazards using industry standards and professional judgment.

Contact

If you need anything day-of, please call BMG.

Office: (831) 471-7882
Text: (206) 412-1613

We are very excited for you to join us! If you have any questions feel free to contact us through the methods provided below. Again, thank you for choosing Backcountry Medical Guides as your medical training provider, and we look forward to training with you.

Cheers,

BMG and Partners

info@backcountrymedicalguides.org

BMG Office: (831) 471-7882

www.backcountrymedicalguides.org

[Cancellation & Transfer Policy](#)