



WFA TRADITIONAL COURSE SCHEDULE

| Day 1 | |
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| 8:00 - 8:15 | Registration & Introduction to Course |
| 8:15 - 10:00 | Patient Assessment - Demo and practice |
| 10:00 - 11:30 | Bleeding and Shock/Wound Management |
| 11:30 - 12:00 | Wound Management Workshop |
| 12:00 - 1:00 | Lunch |
| 1:00 - 2:00 | Practical Skills |
| 2:00 - 2:30 | Head and Spine Injuries |
| 2:30 - 4:00 | Roll clinic, c-collars, basic patient movement |
| 4:00 - 4:30 | Abdominal and Chest Injuries |
| 4:30 - 5:00 | Near Drowning and Lightning |
| 5:00 - 6:00 | CPR |
| Day 2 | |
| 8:00 - 9:00 | Hot and Cold Related Injuries |
| 9:00 - 10:00 | Musculoskeletal Injuries |
| 10:00 - 11:00 | Fractures and Improvised Splinting |
| 11:00 - 12:00 | Practical Skills |
| 12:00 - 1:00 | Lunch |
| 1:00 - 2:30 | Common Medical Problems |
| 2:30 - 4:00 | Improvised Litters and Carries |
| 4:00 - 4:30 | Bites and Stings |
| 4:30 - 5:00 | Wilderness Medical Kits |
| 5:00 - 6:00 | Written Exam |