



HYBRID WFR RECERTIFICATION COURSE SCHEDULE

Day 1	
8:00 - 8:15	Registration & Introduction to Course
8:15 - 10:00	Patient Assessment
10:00 - 11:30	Bleeding and Shock/Wound Management
11:30 - 12:00	Wound Management Workshop
12:00 - 1:00	Lunch
1:00 - 2:00	Practical Skills
2:00 - 2:30	Head and Spine Injuries
2:30 - 4:00	Roll clinic, C-collars, basic patient movement
4:00 - 4:30	Abdominal and Chest Injuries
4:30 - 5:00	Near Drowning and Lightning
5:00 - 6:00	CPR
Day 2	
8:00 - 9:00	Hot and Cold Related Injuries
9:00 - 10:00	Musculoskeletal Injuries
10:00 - 11:00	Fractures and Improvised Splinting
11:00 - 12:00	Practical Skills
12:00 - 1:00	Lunch
1:00 - 2:30	Common Medical Problems
2:30 - 4:00	Improvised Litters and Carries
4:00 - 4:30	Bites and Stings
4:30 - 5:00	Wilderness Medical Kits
5:00 - 6:00	Practical Exams