



Downing Mountain Lodge

March 12-17, 2024

Conference Schedule

March 12, 2024

03:00 PM: Arrival
04:00 PM: Welcome and Introductions
06:00 PM: Happy hour and dinner
07:00 PM: Para-athletes Lecture
07:40 PM: Cardiac Arrest/CPR
08:00 PM: End of Day

March 13, 2024

07:00 AM: Coffee
07:30 AM: Yoga
08:00 AM: Breakfast
08:45 AM: CPR and Patient Movement Workshop
11:00 AM: Beacon play then skiing or lounging
03:00 PM: **Medical Problems in the Wilderness Discussion**
04:00 PM: Scenarios
05:00 PM: Infectious Disease and Antibiotic Workshop
05:45 PM: Happy Hour
06:00 PM: Dinner
07:00 PM: Knots and Patient Carries
08:00 PM: End of Day

March 14, 2024

07:00 AM: Coffee
07:30 AM: Yoga
08:00 AM: Breakfast
08:45 AM: **Orthopedic Injuries, Splinting, Wound Care Workshop**
11:00 AM: Skiing or lounging
03:00 PM: Scenario
04:00 PM: Cold Injuries and Hypothermia Workshop
05:00 PM: Hypothermia Wrap and Scenario
05:45 PM: Happy Hour
06:00 PM: Dinner
07:00 PM: Medical Kits
07:40 PM: Scenario
08:00 PM: End of Day



March 15, 2024

07:00 AM: Coffee
07:30 AM: Yoga
08:00 AM: Breakfast
08:45 AM: C-Spine Discussion and Termination of CPR Workshop
03:00 PM: MCI Discussion and Communications/Technology
05:00 PM: Dinner
06:00 PM: Night Scenario

March 16, 2024

07:00 AM: Coffee
07:30 AM: Yoga
08:00 AM: Breakfast
08:45 AM: Scenarios
03:00 PM: Scenario
04:30 PM: Ultrasound/POCUS Workshop
05:45 PM: Happy Hour
06:00 PM: Dinner
07:00 PM: Awards and End of Day

March 17, 2024

07:00 AM: Coffee and preparation of end of course
08:00 AM: Breakfast
08:45 AM: Scenario
11:00 AM: Farewell!



Course Description

Learn the skills to prevent medical problems; reduce suffering and save lives in non-traditional medical settings

- Earn your Wilderness Life Support for the Medical Professional certification
- Learn the latest practical hands-on wilderness medicine skills for patient assessment, treatment and evacuation protocols
- Practice your skills in live scenarios with our expert instructors Obtain up to 21.25 hours of category 1 CME*
- Receive Wilderness Medical Society Fellowship credits

Course Objectives

- To provide a practical foundation in Wilderness Medicine for medical professionals
- To teach patient assessment and treatment guidelines for life support until definitive care or evacuation is available
- To train the provider in methods for managing medical and trauma emergencies and urgencies in the wilderness when evacuation is unavailable or unnecessary

Topics Include:

- Patient Assessment
- Trauma
- Medical problems
- Infectious disease
- Head, Ear, Eye, Nose, Throat, Skin
- Animal & Insect Bites
- Musculoskeletal injuries
- Wound management Water treatment
- Hyperthermia, hypothermia & frostbite
- Medical kits
- Lightning
- HAPE/HACE
- Dive Medicine

Weather Considerations:

Please be aware portions of this course will be held in an outdoor setting. It is the responsibility of the student to ensure appropriate clothing to manage any type of inclement weather. Please know that the course will not stop due to weather concerns, prepare accordingly.



Continuing Education Credits

The Wilderness Medical Society designates this Live activity for a maximum of 21.25 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity. This activity is accredited through the Wilderness Medical Society.

PHYSICIAN ASSISTANTS: The American Association of Physician Assistants accepts Category 1 CME approval from organizations accredited by the ACCME.

OTHER PROFESSIONALS: Check with your governing entity to determine usefulness of *AMA PRA Category 1 Credits*[™].

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Wilderness Medical Society and AdventureMed. The Wilderness Medical Society is accredited by the ACCME to provide continuing medical education for physicians.

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None of the faculty/planners for this educational activity have relevant financial relationships to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

All education content presented in this activity has been reviewed and validated as appropriate in keeping with sound scientific principles.

YOU WILL RECEIVE YOUR CME CERTIFICATE FROM THE WILDERNESS MEDICAL SOCIETY VIA EMAIL APPROXIMATELY 4-6 WEEKS AFTER THE COMPLETION OF THE COURSE