



Cape Town, South Africa
March 22-24, 2024

Conference Schedule

Friday, March 22, 2024

- 08:00 AM: Registration & Check-In
- 08:30 AM: Patient Assessment
- 09:00 AM: Wound Management
- 10:00 AM: HEENTS
- 11:00 AM: Medical Problems in the Wilderness Small Group Discussions
- 12:00 PM: Lunch**
- 01:00 PM: Hands-on Practical Skills
 - Patient Assessment
 - C-Spine Clearance & Moving Patients
 - Splinting & Dislocations
 - Litters, Carries, & Hypothermia Wraps
- 05:00 PM: End of Day**

Saturday, March 23, 2024

- 08:00 AM: Infectious Disease Small Group Discussions
- 09:00 AM: Hyperthermia, Hypothermia, Frostbite
- 10:00 AM: Drowning & Water Safety
- 10:30 AM: Dive Medicine
- 11:30 AM: Water Disinfection
- 12:00 PM: Lunch**
- 01:00 PM: Altitude Medicine
- 01:00 PM: Avalanche
- 02:00 PM: Lightning
- 02:30 PM: Wilderness Medicine Training Scenarios
- 05:30 PM: End of Day**

Sunday, March 24, 2024

- 08:00 AM: Animal Bites & Stings
- 09:00 AM: Wilderness Medical Kits
- 09:30 AM: WLS:MP Testing Scenarios
- 01:00 PM: Lunch**
- 02:00 PM: WLS:MP Written Exam
- 03:00 PM: End of Course**



Course Description

- Learn the skills to prevent medical problems; reduce suffering and save lives in non-traditional medical settings
- Earn your Wilderness Life Support for the Medical Professional (WLS:MP) certification
- Learn the latest practical hands-on wilderness medicine skills for patient assessment, treatment, and evacuation protocols
- Practice your skills in live scenarios with our expert instructors
- Obtain up to 21.25 hours of Category 1 CME*
- Receive Wilderness Medical Society Fellowship (FAWM) credits

Course Objectives

- Provide a practical foundation in wilderness medicine for medical professionals
- Teach patient assessment and treatment guidelines for life support until definitive care or evacuation is available
- Train the provider in methods for managing medical and trauma emergencies and urgencies in the wilderness when evacuation is unavailable or unnecessary

Topics Include

- Patient Assessment
- Trauma
- Medical Problems
- Infectious Disease
- Head, Ear, Eye, Nose, Throat, Skin
- Bites & Stings
- Musculoskeletal Injuries
- Wound Management
- Water Treatment
- Hyperthermia, Hypothermia & Frostbite
- Medical Kits
- Lightning
- Altitude-Related Illness
- Avalanche
- Drowning & Water Safety
- Dive Medicine

Weather Considerations

Please be aware portions of this course will be held in an outdoor setting. It is the student's responsibility to ensure appropriate clothing to manage any type of inclement weather. Please know that the course will not stop due to weather concerns, prepare accordingly.



Continuing Education Credits

The Wilderness Medical Society designates this hybrid activity for a maximum of 21.25 *AMA PRA Category 1 Credits*. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

PHYSICIAN ASSISTANTS: The American Association of Physician Assistants accepts Category 1 CME approval from organizations accredited by the ACCME.

OTHER PROFESSIONALS: Check with your governing entity to determine usefulness of *AMA PRA Category 1 Credits™*.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Wilderness Medical Society and AdventureMed. The Wilderness Medical Society is accredited by the ACCME to provide continuing medical education for physicians.

None of the faculty/planners for this educational activity have relevant financial relationships to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

All education content presented in this activity has been reviewed and validated as appropriate in keeping with sound scientific principles.

YOU WILL RECEIVE YOUR CME CERTIFICATE FROM THE WILDERNESS MEDICAL SOCIETY VIA EMAIL APPROXIMATELY 4-6 WEEKS AFTER THE COMPLETION OF THE COURSE