



Sleeping Lady Resort
Leavenworth WA
June 6-8, 2025

Conference Schedule

Friday, June 6, 2025

- 08:00 AM: Registration & Check-In
- 08:30 AM: Patient Assessment
- 09:00 AM: Wound Management
- 10:00 AM: HEENTS
- 11:00 AM: Medical Problems in the Wilderness Small Group Discussions
- 12:00 PM: Lunch**
- 01:00 PM: Hands-on Practical Skills
 - Patient Assessment
 - C-Spine Clearance & Moving Patients
 - Splinting & Dislocations
 - Litters, Carries, & Hypothermia Wraps
- 05:00 PM: End of Day**

Saturday, June 7, 2025

- 08:00 AM: Infectious Disease Small Group Discussions
- 09:00 AM: Hyperthermia, Hypothermia, Frostbite
- 10:00 AM: Drowning & Water Safety
- 10:30 AM: Dive Medicine
- 11:30 AM: Water Disinfection
- 12:00 PM: Lunch**
- 01:00 PM: Altitude Medicine
- 01:00 PM: Avalanche
- 02:00 PM: Lightning
- 02:30 PM: Wilderness Medicine Training Scenarios
- 05:30 PM: End of Day**

Sunday, June 8, 2025

- 08:00 AM: Animal Bites & Stings
- 09:00 AM: Wilderness Medical Kits
- 09:30 AM: WLS:MP Testing Scenarios
- 01:00 PM: Lunch**
- 02:00 PM: WLS:MP Written Exam
- 03:00 PM: End of Course**



Course Description

- Learn the skills to prevent medical problems; reduce suffering and save lives in non-traditional medical settings
- Earn your Wilderness Life Support for the Medical Professional (WLS:MP) certification
- Learn the latest practical hands-on wilderness medicine skills for patient assessment, treatment, and evacuation protocols
- Practice your skills in live scenarios with our expert instructors
- Obtain up to 21.25 hours of Category 1 CME*
- Receive Wilderness Medical Society Fellowship (FAWM) credits

Course Objectives

- Provide a practical foundation in wilderness medicine for medical professionals
- Teach patient assessment and treatment guidelines for life support until definitive care or evacuation is available
- Train the provider in methods for managing medical and trauma emergencies and urgencies in the wilderness when evacuation is unavailable or unnecessary

Topics Include

- Patient Assessment
- Trauma
- Medical Problems
- Infectious Disease
- Head, Ear, Eye, Nose, Throat, Skin
- Bites & Stings
- Musculoskeletal Injuries
- Wound Management
- Water Treatment
- Hyperthermia, Hypothermia & Frostbite
- Medical Kits
- Lightning
- Altitude-Related Illness
- Avalanche
- Drowning & Water Safety
- Dive Medicine

Weather Considerations

Please be aware portions of this course will be held in an outdoor setting. It is the student's responsibility to ensure appropriate clothing to manage any type of inclement weather. Please know that the course will not stop due to weather concerns, prepare accordingly.



Instructors

Cory Kreutzer

Cory is a Nurse Practitioner currently practicing in Urgent Care. She was an RN for 23 years prior to becoming an NP. She has a Bachelor of Science in Biology and a Bachelor of Science in Nursing. She recently graduated with a Master's in Nursing as a Family Nurse Practitioner. Her focus has been in critical care, ICU, and PACU. She obtained a Diploma in Mountain Medicine (DiMM) in 2016 and the FAWM (Fellowship in the Academy of Wilderness Medicine) in 2021.

She is a native Coloradan with a background in wilderness medicine. Cory is an avid runner, rock climber, and skier. She has recently completed training on the Medical Training in Austere Conditions as a Dive Rescuer. Cory has served as medical staff for the Hard Rock 100 Ultra Marathon race. She started teaching Wilderness Life Support for Medical Professionals (WLS:MP) in 2008 while living in New Zealand and currently runs her own company teaching WLS:MP, WFR, and WFA to civilians and military/government sectors.

She has been teaching WLS:MP for the last 15 years around the country and also in Canada. She currently serves on the Board of Directors for the Wilderness Medical Society.

Ian Wedmore

Dr. Wedmore is board certified in Emergency Medicine and is a fellow of the American College of Emergency Physicians, The Royal Irish College of Sports and Exercise Medicine, and a National Fellow of the Explorers Club. He also holds the Fellowship of the Academy of Wilderness Medicine (FAWM), as well as the International Diploma of Mountain Medicine. He is an Associate Professor at USUHS and an Assistant Professor at Medical College of Georgia. He is the Course Director of The International Diploma of Mountain Medicine program run in support of USUHS. He is an executive board member of the Wilderness Medical Society.

He started climbing at 14 and has completed rock, ice, alpine, and high-altitude climbs throughout the world. He teaches wilderness medicine internationally, is a peer reviewer for four medical journals, and has authored or co-authored more than 50 peer-reviewed articles or book chapters. His medical interests also include altitude medicine, austere medicine, military medicine, and Tactical Combat Casualty Care.



Continuing Education Credits

The Wilderness Medical Society designates this hybrid activity for a maximum of 21.25 *AMA PRA Category 1 Credits*. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

PHYSICIAN ASSISTANTS: The American Association of Physician Assistants accepts Category 1 CME approval from organizations accredited by the ACCME.

OTHER PROFESSIONALS: Check with your governing entity to determine usefulness of *AMA PRA Category 1 Credits*[™].

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Wilderness Medical Society and AdventureMed. The Wilderness Medical Society is accredited by the ACCME to provide continuing medical education for physicians.

None of the faculty/planners for this educational activity have relevant financial relationships to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

All education content presented in this activity has been reviewed and validated as appropriate in keeping with sound scientific principles.

YOU WILL RECEIVE YOUR CME CERTIFICATE FROM THE WILDERNESS MEDICAL SOCIETY VIA EMAIL APPROXIMATELY 4-6 WEEKS AFTER THE COMPLETION OF THE COURSE